Example Caliper Meal Plan: Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	-	Breakfast Sandwich Sono 3.80	-	-	Bagel w/ Cream Cheese Einstein's 4.18	-	-
Lunch	-	-	Tikki CHaat Chaat House 6.99	-	-	-	-
Dinner	-	-	-	-	-	-	-
Totals	-	3.80 DB	6.99 DB	-	4.18 DB	-	-



Week Total: \$14.97 DB

Example Caliper Meal Plan: Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	-	-	-	Blueberry Muffin Miner Break 2.69	-	-	-
Lunch	Nachos Sono 4.89	Gyro Meal Combo Zatar 11.29	-		-	-	-
Dinner	-	-	Social House at TJ- 1 Swipe	-	-	-	-
Totals	4.89 DB	11.29 DB	1 Swipe	2.69 DB	-	-	-



Week Total: 1 Swipe \$18.87 DB

Example Caliper Meal Plan: Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast Tacos Sono 3.80	-	Chocolate Croissant Miner Brew 4.25	-	-	-	-
Lunch	-	Bratwurst Meal Combo Burger 573 8.04	-	-	-	-	-
Dinner	-	-	-	-	-	-	-
Totals	3.80 DB	8.04 DB	4.25 DB	-	-	-	-



Week Total: \$16.09 DB